



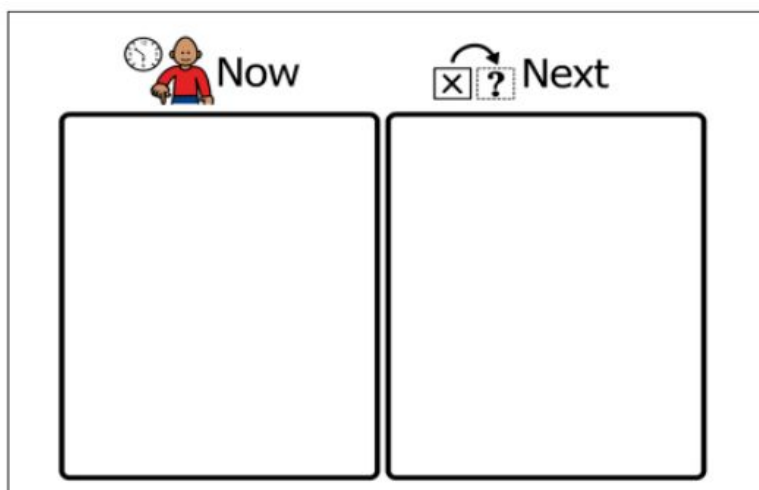
SpeechWise

Visual Schedules to use at home

We've created some visual schedules for you to use at home.

Schedules help children to:

- Understand what is happening next
- Cope with change/keep some routine
- Make a choice



A **Now & Next** board can help give your child's day some structure, letting them know what will be happening next.

It can also help them to become more motivated to do an activity given to them; by showing them that something they enjoy will be coming next.

Hint and tips

- If you need to get a job done it can be helpful if the second activity is something they love!
- If your child is able, let them 'choose' what their reward is by showing them the activity symbols.
- Try using a timer to help your child know how long they can play for e.g. on their iPad.



Symbol resources made with "PCS® by Tobii Dynavox.

www.speechwisetherapy.co.uk

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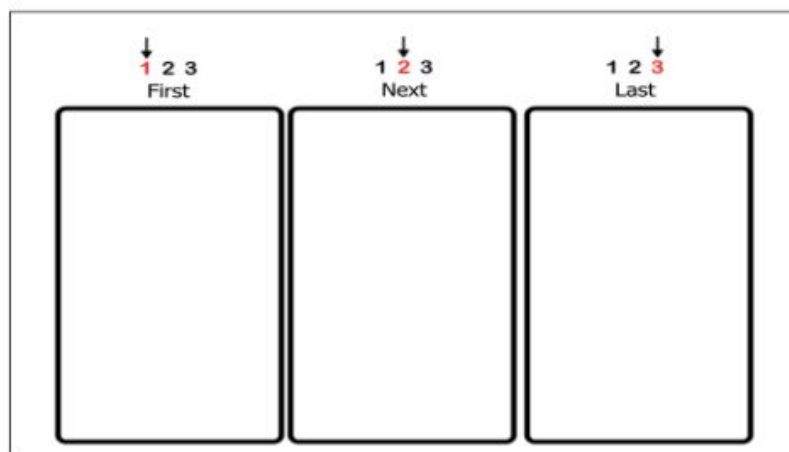


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Visual Schedules to use at home

How to use a schedule:

1. Cut out one of the boards and the activity symbols on the following pages. Laminate if possible, to make sure they last!
2. Place a symbol on each part of the board (use Velcro or blue tack)
3. Try to use a 'reward' for your child to aim for in the 'next' or 'last' space.
4. Show your child the board and point to each symbol individually.
5. Use simple language ***"breakfast now play next"***.
6. When your child has completed the activity or even just part of it point to the next symbol and again use simple language ***"breakfast has finished, now play"***.
7. They could "post" the now symbol into a box or turn it over before moving onto the next activity



You can extend the board to include 3 boxes – “First, Next and Last”

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  Now	  Next

 1 2 3 First	 1 2 3 Next	 1 2 3 Last

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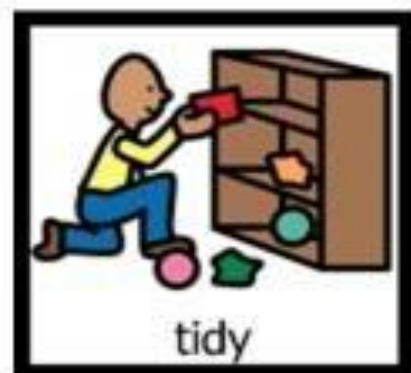


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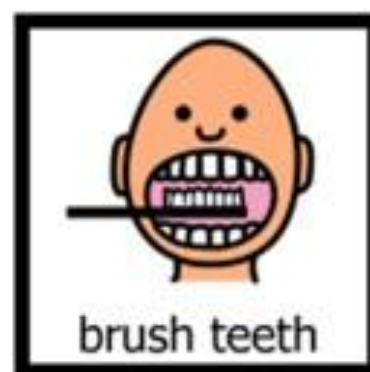
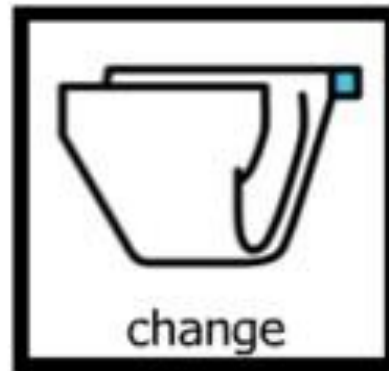
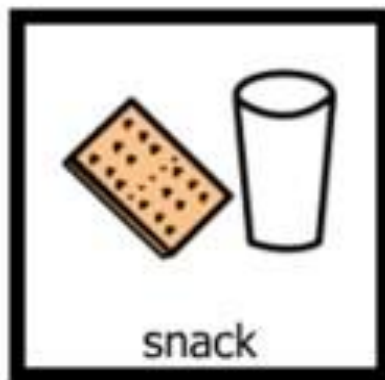


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