



SpeechWise

Supporting Your Child's Expressive Language Development



Expressive language is how your child uses words, phrases, and sentences to:

- Talk about what they see and do
- Ask questions
- Tell you how they feel
- Describe things or tell stories

It's how children share their thoughts, needs, and ideas with the people around them.

Top Tips for Supporting Your Child's Expressive Language

Simple strategies you can use every day to help your child talk, share ideas, and express themselves

1. Talk through your day

Describe what's happening as you go about your routine:

- "You're putting on your shoes. Let's zip your coat."

2. Repeat and expand

Build on what your child says. If they say

- "car," you can say:

- "Yes, a big red car is driving fast!"

3. Offer choices

Instead of yes/no questions, offer simple options:

"Do you want juice or milk?"

4. Pause and wait

After asking a question, wait 5–10 seconds to give your child time to respond.

5. Read together every day

Point to pictures, name things, and ask simple questions:

- "What do you think will happen next?"

6. Sing songs and rhymes

Nursery rhymes and songs help your child learn rhythm, patterns, and new words.

7. Play and talk

Follow their lead during play. Use short sentences to describe what's happening:

- "The car is going up the ramp!"